



vabi na  
**18. ORMOŠKI POLMARATON**  
Ormož, 31.marec 2019  
ob 10:00 v Mestni grabi



**i** 041/815 694 (Ivan Golob)  
031/303 273 (Aleš Jurčec)

**zgolj polmaraton!**



ŠTARTNINA - 15 € / ŠTARTNINA ob predprijavi - 10 € / PREJŠNJI zmagovalci polmaratona - BREZPLAČNO

**Prijave** na prireditvi  
od 8:00 do 10:30

**Predprijave** samo preko  
spleta do 27.03.2019 do 12 ure

TRR: SI56 0215 1025 8643 460  
NAMEN: 17OPM-ime in priimek

**NAGRADE:** Absolutno prvih pet (moški, ženske) pri polmaratonu prejme nagrade. Prvi trije polmaratona in tekov na 10 ter 5 km prejmejo pokale. Najboljši trije v posameznih kategorijah, vključno z otroškimi teki, prejmejo medalje. Podelitev nagrad bo ob 13:00 na prireditvenem prostoru. Vsi udeleženci prejmejo majico prireditelja, malico in napitek. Med udeleženci tekmovanja bodo izžrebane tudi praktične nagrade.

**SPLOŠNA DOLOČILA:** Vsak aktivni udeleženeec tekmuje **na lastno** odgovornost, upošteva veljavne cestno-prometne predpise. Tekmuje se po pravilih IAAF in pravilih AZS. Vsem nastopajočim priporočamo, da predhodno opravijo zdravniški pregled pri svojem zdravniku. Ob progi in na cilju bo dežurna zdravniška služba.



is inviting to the  
**18<sup>th</sup> ORMOŽ HALF MARATHON**  
Ormož, March 31. 2019  
at 10:00 in Mestna graba



**i** +386 41 815 694 (Ivan Golob)  
+386 31 303 273 (Aleš Jurčec)

**half marathon only!**



FEE AT EVENT - 15 € / FEE at pre-registration (IBAN only) - 10 € / former half marathon winners - NO FEE

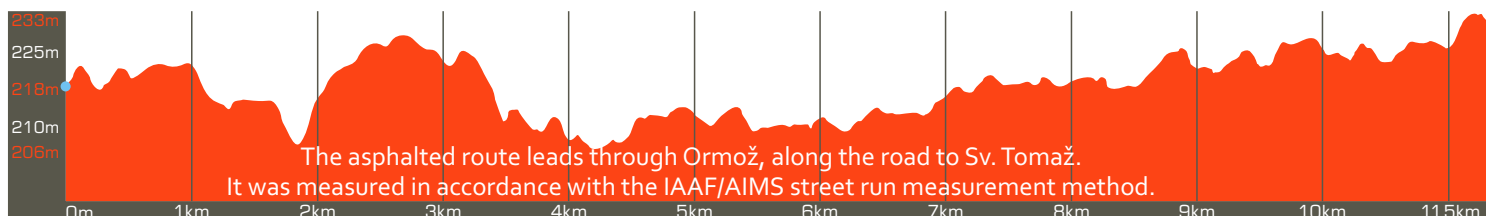
**Registrations** at the event  
from 8:00 to 10:30

**Pre-registrations** on-line only,  
until 27.03.2019, 12:00 p.m.

IBAN: SI56 0215 1025 8643 460  
Reference: 17OPM-name and surname

**AWARDS:** First five overall (men,women) at the half marathon get awards. First three at the half marathon, 10km, and 5 km get cups. Best three in individual categories, including children's runs, get medals. The award ceremony will take place at 13:00 at the event area. All participants get an organizer's T-shirt, snacks, and a beverage. A lottery among all participants will award practical rewards.

**GENERAL TERMS:** All active participants compete at their own responsibility, while abiding by road traffic regulations. The competition takes place under IAAF and AZS rules. All participants are advised to undergo a medical examinaion at their physician prior to the competition. Medical emergency services will be present at the start/finish line and on course.



Štart ob 11:00 uri

moški	♂	polmaraton	♀	ženske
A	2004 - 2000	A	2004 - 2000	
B	1999 - 1990	B	1999 - 1990	
C	1989 - 1980	C	1989 - 1980	
D	1979 - 1970	D	1979 - 1970	
E	1969 - 1960	E	1969 - 1960	
F	1959 - 1950	F	1959 - 1950	
G	1949 - 1940	G	1949 - 1940	
H	1939 in starejši	H	1939 in starejše	

**5 km in 10 km**

A	1984 in mlajši	A	1983 in mlajše
B	1983 - 1969	B	1983 - 1969
C	1968 in starejši	C	1968 in starejše

OTROŠKI TEKI NA ATLETSKI PROGI:

Štart ob 10:00 uri

<b>1200m</b>	PA 2004 - 2005
<b>900m</b>	PB 2006 - 2007
<b>600m</b>	PC 2008 - 2009
<b>300m</b>	pionirčkov tek 2010 - 2011
<b>150m</b>	cici tek 2012 in mlajši

ŠTAFETA OŠ UE ORMOŽ:

**4x300m**

Start at 11:00

male	♂	half marathon	♀	female
A	2004 - 2000	A	2004 - 2000	
B	1999 - 1990	B	1998 - 1990	
C	1989 - 1980	C	1988 - 1980	
D	1979 - 1970	D	1978 - 1970	
E	1969 - 1960	E	1968 - 1960	
F	1959 - 1950	F	1958 - 1950	
G	1949 - 1940	G	1948 - 1940	
H	1939 and older	H	1939 and older	

**5 km in 10 km**

A	1984 and younger	A	1984 and younger
B	1983 - 1969	B	1983 - 1969
C	1968 and older	C	1968 and older

CHILDREN'S RUNS ON THE ATHLETE TRACK:

Start at 10:00

<b>1200m</b>	PA 2004 - 2005
<b>900m</b>	PB 2006 - 2007
<b>600m</b>	PC 2008 - 2009
<b>300m</b>	pionirčkov run 2010 - 2011
<b>150m</b>	cici run 2012 and younger

RELAY for schools of the admin. unit of ORMOŽ:

**4x300m**